



## **Assisted Outpatient Treatment (AOT) Program**

The Assisted Outpatient Treatment (AOT) program is a federally- funded program that delivers community-based mental health services to individuals with severe mental illness who are in civil commitment.

The AOT program uses a treatment team modality and is currently available at [Davis Behavioral Health](#) and [Weber Health Services](#). The AOT treatment teams provide the following services:

- Mental health treatment
- Substance use treatment
- Peer support
- Case management services
- Enrollment assistance into Medicaid, Medicare, SSI/SSDI, Food Stamps, etc.
- Help locating and maintaining housing

To be eligible for the AOT program, individuals must meet the following criteria:

- Be at least 18 years of age or older with a serious mental illness
- Have a history of repeated hospitalizations and/or incarcerations
- Experience difficulty complying with treatment on a voluntary basis
- Be civilly committed